



Wichita Professional Communicators

Affiliated with Kansas Professional Communicators and NFPW

www.wichitaprofessionalcommunicators.com

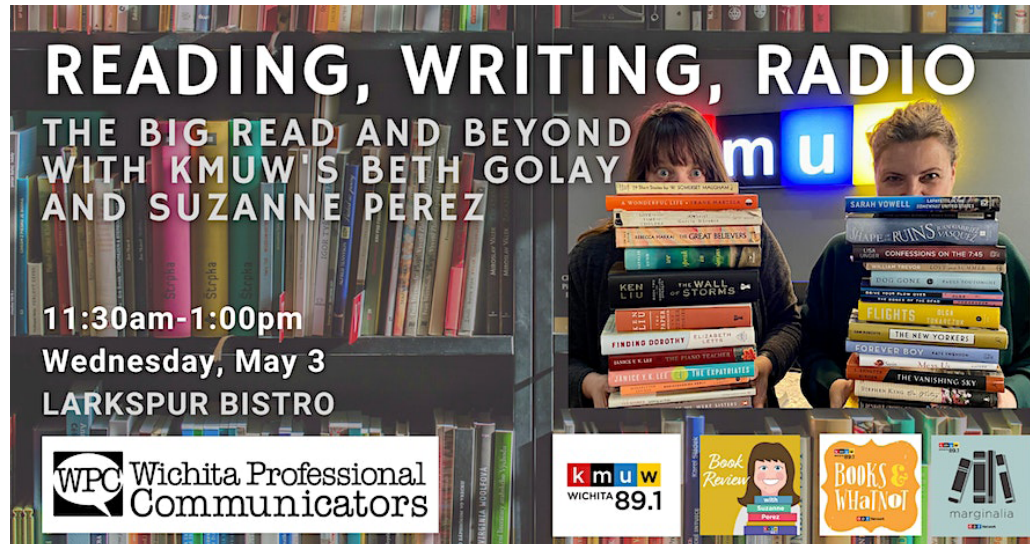
VOL. 52 | No. 5 | May 2023

WPC May Program

What: Books & Whatnot: The Art and Fun of a Reading Podcast

When: 11:30 a.m. – 1 p.m.
Wednesday, May 3, at Larkspur
Bistro & Bar

Registration: **RSVP by noon**
on Tuesday, May 2, to save \$5!
Advance tickets are \$20 for
members and \$25 for nonmem-
bers. Walk-ins are \$25 for mem-
bers and \$30 for nonmembers.
Students are \$10. (Ticket price
includes buffet lunch, water,
coffee or tea. Please note: If you
register to pay at the door, you
will be invoiced if you do not
attend.)



If you're a regular KMWU listener, an avid reader, or both, chances are you know Beth Golay and Suzanne Perez — at least by their voices!

Their collaborative podcast for Wichita's NPR affiliate, Books & Whatnot, feels like a particularly fun book club meeting ... one where everyone actually read the book.

Beth and Suzanne will discuss the art (and fun!) of podcasting, and how they develop and produce the monthly "Books & Whatnot" podcast. They will also discuss the annual #ReadICT Reading Challenge, book reviews, and other bookish content on KMWU. And we'll offer tips on how to read more and get more out of your reading life.

Ticket price includes buffet lunch and water, coffee or tea.

Your purchase helps to fund WPC's scholarship. You may donate additionally via [Eventbrite](https://www.eventbrite.com) when you register for the meeting, or donate [online](https://www.eventbrite.com).

WPC monthly meetings and annual fundraisers support a scholarship fund for Wichita-area students pursuing a career in communications.

So come network, be inspired by guest speakers and help a future communication colleague in the process.

Job Opportunities

Keeping an eye out for you

- **KMUW** is looking for an corporate sponsorship account executive.
- **Mid-Continent Instruments and Avionics** is looking for a communications coordinator.
- **Textron Aviation** is hiring for several openings.
- **Kansas Public Radio** is looking for a statehouse bureau chief.
- **Wichita Public Schools** is hiring for a multimedia design specialist.
- **The Salvation Army** is looking for a public relations and media specialist.

From the WPC President Mental Health Awareness Month



May has been Mental Health Awareness Month in the United States since 1949. This year's annual MHA campaign is focused on how surroundings impact mental health, and they are calling for individuals to look around, look within.

[Mental Health Association of South Central Kansas](#) has events planned throughout May, kicking off with the [Five Fifty Fifty Run/Walk for Mental Health 5K](#) on April 29, a run/walk that will occur in each of the 50 U.S. states over 50 consecutive days.

I'm not a runner but I am keenly aware of how the outdoors can affect our mindset. When I transferred from the University of Texas to Evergreen in Washington state, I learned about the power of UV lamps for mental health. I scoffed at first but it was pretty clear that my moods were strongly aligned with the amount of sunshine that I was exposed to.

In Wichita, we're lucky to average more than 200 days of sunshine per year but even that is not enough to keep everyone in a sunny state of mind. Cycles of poverty, addiction and abuse are difficult to surmount as is made clear by the increase of the unhoused population in our community. Mental health is an issue that impacts us all.

Sharing personal stories and resources can destigmatize mental illness and encourage self-care. I'm planning to sign up for [MHASCK's 7 day challenge to Embrace Hope](#) and invite you to join me and consider ways we can help others look around and look within.

Naomi Shapiro



WPC & AFFILIATES CALENDAR

April 29: KPC Mini-conference and luncheon, 10 a.m. Goddard Community Center

May 3: WPC monthly program, 11:30 a.m., Larkspur Bistro & Bar

May 8: WPC board meeting, noon, via Zoom

June 7: WPC monthly program, 11:30 a.m., Larkspur Bistro & Bar

June 12: WPC board meeting, noon, via Zoom

Sept. 7: WPC Mixer and Silent Auction, KMW Studios

WPC member news



Past President **Sean Jones** was honored with the City of Wichita's 2023 Excellence in Public Service Award in April for his work with the Wichita Public Library System. According to the city, "Sean has taken Library marketing and services to a whole new level and shows dedication every day to the City and its residents."

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